HOW TO FIND
Your Three Words



You do not need a new wardrobe or a style quiz. You need three honest words for how you want to feel when you get dressed. This printable walks you through it in five minutes.

THE RAW COLLECTIVE



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Three words. Five minutes.

Most style advice tells you what to look like. This asks how you want to feel. Pick three feeling words, not trends, and let them become your filter for what you wear, what you keep and what you buy.

The principle: You do not have a style problem. You have a clarity problem. And clarity takes about five minutes.

01 Find Your Three Words

Take your time. There are no wrong answers, only honest ones.

QUESTION 1:
When did I last feel most like myself? *What was I wearing? Notice the feeling, not just the outfit.*

QUESTION 2:
What do I keep reaching for, and why? *Repetition is information. What do those pieces have in common?*

QUESTION 3:
What does my real day ask of my clothes? Think about an ordinary Tuesday, not your best day.

QUESTION 4:
How do I want to feel when I get dressed? *Write every feeling word that fits: easy, calm, confident, soft, bold.*

QUESTION 5:
Which words made me exhale? *Circle the three that feel most true. Those are your words.*

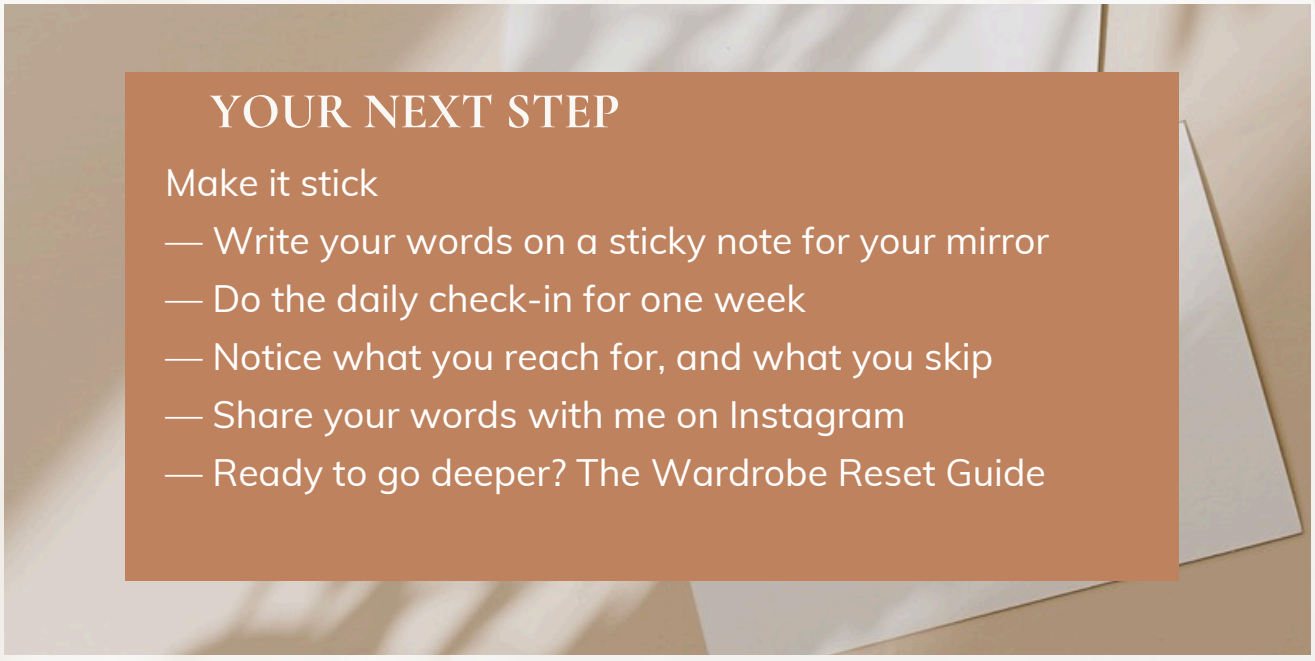
MY THREE WORDS
Every morning, ask: does what I am wearing match my words? *If yes, go. If no, swap one thing.*

Word 1	Word 2	Word 3

YOU DO NOT NEED A NEW WARDROBE. YOU NEED THREE HONEST WORDS.

Your three words are not a rule. They are a reminder of who you are getting dressed for now. Put them where you will see them every morning: your mirror, your closet door, your phone.

Then let them do the work. Before you get dressed. Before you buy anything. Even on an ordinary Tuesday.



YOUR NEXT STEP

Make it stick

— Write your words on a sticky note for your mirror
— Do the daily check-in for one week
— Notice what you reach for, and what you skip
— Share your words with me on Instagram
— Ready to go deeper? The Wardrobe Reset Guide